

# CROXTETH'S PASTORAL TEAM

**How can we help you?**



## Housing



Facing housing difficulties or looking for secure accommodation? We can support and direct you to local housing support services and charities that can help with tenancy issues, finding affordable housing, or emergency accommodation.

## SEND/ Behaviour support



Do you need to support with SEND or behaviour at home? We can work together to develop strategies, access external support and work together to complete referrals.

## Mental Health



Taking care of mental health is essential for both children and adults. We can guide you to local mental health resources, counseling services, and support groups for both parents and children.

## Debt

### Management



If you're finding it hard to manage debts or need guidance on financial matters, we can provide information about local debt services and organisations that offer support for budgeting and financial planning.

## Sleep /Routines



Struggling with bedtime routines or helping your child get quality sleep? We can connect you with tips, strategies, and professionals who specialise in creating healthy sleep habits for children and families.

## Talk



Sometimes, all you need is someone to listen. Whether you need a chat or a kind ear, our team is here to offer a safe space for you to share your thoughts and feelings without judgment.

**If you would like to speak to a member of the team, please arrange a meeting at the school office.**

**We are here to help.**



Sarah Joel



Nichola Stout



Miss Lacey