

# CROXTETH COMMUNITY PRIMARY SCHOOL

## WEEK THREE

Week Commencing: 8<sup>th</sup> May – 5<sup>th</sup> June – 3<sup>rd</sup> July 2017

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Salmon Fillet Chipped Potatoes	Chicken Breast Boiled Potatoes Gravy	Homemade Beef Bolognaise Wholegrain Pasta	Chicken Korma Boiled Rice	Turkey Burger Creamed Potatoes
<b>Non Meat Alternative</b>	Homemade Tuna Pasta	Quorn Pieces In Gravy	Selection of Filled Baked Potatoes	Quorn Korma	Homemade Cheese Flan
<b>Vegetables</b>	Peas Or Side salad	Carrots Or Side salad	Mixed Vegetables Or Side Salad	Green Beans Or Side Salad	Baked Beans Or Side salad
<b>Quick Picks</b>	<b>A daily selection of sandwiches, wraps, barms, toasties and filled baked potatoes.</b>				
<b>Desserts</b>	Ice-cream Sponge Roll With Peaches	Fresh Fruit Salad	Homemade Fruit Jelly With Cream	Homemade Fruit Crumble With Ice-cream	Homemade Iced Sponge
<b>Drinks</b>	Glass of Juice	Glass of Milk	Glass of Water	Glass of Water	Glass of Juice

**Bread will be available with the Main Meals. We also offer a choice of yoghurts or fresh fruit as a dessert alternative**

# CROXTETH COMMUNITY PRIMARY SCHOOL

## aWEEK FOUR

Week Commencing:- 15<sup>th</sup> May – 19<sup>th</sup> June – 17<sup>th</sup> July 2017

Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Homemade Cheese Pizza Chipped Potatoes	Homemade Chicken Korma Wholegrain Rice	All Day Breakfast (including sausage, scrambled egg, hash brown, baked beans)	Homemade Sweet Chilli Chicken In a Wholegrain Pitta Pocket	Homemade Minced Beef Pie Creamed Potatoes
<b>Non Meat Alternative</b>	Quorn Burger	Homemade Tuna Pasta	All Day Breakfast With Quorn Sausage	Selection of Filled Baked Potatoes	Quorn Pieces In Gravy
<b>Vegetables</b>	Peas Or Side Salad	Green Beans Or Side Salad	Baked Beans Or Salad	Sweetcorn Or Side Salad	Carrots Or Side Salad
<b>Quick Picks</b>	<b>A daily selection of sandwiches, wraps, barmes, toasties and filled baked potatoes.</b>				
<b>Sandwiches Desserts</b>	Ice-cream Filled Meringue Nest	Homemade Apricot Cookies	Ice-cream sponge Roll	Homemade Chocolate Cherry Sponge With Ice-cream	American Style Pancake With Cream
<b>Drinks</b>	Glass of Water	Glass of Juice	Glass of Water	Glass of Milk	Glass of Water

**Bread will be available with the Main Meals. We also offer a choice of yoghurts or fresh fruit as a dessert alternative**

# CROXTETH COMMUNITY PRIMARY SCHOOL

## WEEK ONE

Week Commencing: 4<sup>th</sup> September – 25<sup>th</sup> September – 16<sup>th</sup> October – 13<sup>th</sup> November – 4<sup>th</sup> December 2017

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Turkey Burger Chipped Potatoes	Chicken Breast Roast Potatoes Gravy	Homemade Minced Beef Pasta Bake	Homemade Soup With Selection of Sandwiches	Homemade Chicken Pie Creamed Potatoes Gravy
<b>Non Meat Alternative</b>	Cheese Toasties	Quorn Pieces In Gravy	Savoury Rice Curry Sauce	Vegetable Soup With Vegetarian Sandwich	Quorn Mince in Gravy
<b>Vegetables</b>	Baked Beans Or Side Salad	Carrots Or Side Salad	Broccoli Or Side Salad	Side Salad	Mixed Vegetables Or Side Salad
<b>Quick Picks</b>	<b>A daily selection of sandwiches, wraps, barmes, and filled baked potatoes.</b>				
<b>Desserts</b>	Strawberry Mousse	Mandarin Muffin	Fresh Fruit Salad	Jelly With Ice-cream	Homemade Cheese Cake
<b>Drinks</b>	Glass of Juice	Glass of Water	Glass of Milk	Glass of Water	Glass of Water

**Bread will be available with the Main Meals. We also offer a choice of yoghurts or fresh fruit as a dessert alternative**

# CROXTETH COMMUNITY PRIMARY SCHOOL

## WEEK TWO

Week Commencing: 11<sup>th</sup> September – 2<sup>nd</sup> October – 30<sup>th</sup> October – 20<sup>th</sup> November – 11<sup>th</sup> December 2017

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Homemade Pizza Potato Wedges	Chicken Korma Boiled Rice	Homemade Beef Bolognaise With Wholegrain Pasta	All Day Breakfast (including Sausage, scrambled Egg, Hash Browns Baked Beans)	Salmon Fillets Creamed Potatoes
<b>Non Meat Alternative</b>	Homemade Tuna Pasta	Vegetable Korma	Vegetable and Rice Enchiladas	All Day Breakfast with Quorn Sausage	Homemade Cheese Flan
<b>Vegetables</b>	Sweetcorn Or Side salad	Broccoli or Side Salad	Cauliflower Or Side salad	Baked Beans Or Side Salad	Peas Or Side salad
<b>Quick Picks</b>	<b>A daily Selection of sandwiches, wraps, barms, and filled baked potatoes.</b>				
<b>Desserts</b>	Fresh Fruit Salad	Chocolate Cookies	Homemade Jam and Coconut Sponge	Homemade Apple Crumble With Custard	Fruit Cocktail Wi Ice-cream
<b>Drinks</b>	Glass of Water	Glass of Milk	Glass of Water	Glass of Water	Glass of Water

**Bread will be available with the Main Meals. We also offer a choice of yoghurts or fresh fruit as a dessert alternative**

# CROXTETH COMMUNITY PRIMARY SCHOOL

## WEEK THREE

Week Commencing: 18<sup>th</sup> September – 9<sup>th</sup> October – 6<sup>th</sup> November – 27<sup>th</sup> November 18<sup>th</sup> December 2017

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Turkey Meatballs In Tomato Sauce With Pasta	Homemade Scouse With Crusty Bread	Homemade Minced Beef Pie Boiled Potatoes Gravy	Chicken Tikka With Wholegrain Rice	Fish Fingers Chipped Potatoes
<b>Non Meat Alternative</b>	Homemade Tuna Pasta	Filled Baked Potatoes	Vegetable Lasagne	Vegetable Tikka	Homemade Cheese Flan
<b>Vegetables</b>	Broccoli Or Side salad	Beetroot Or Side salad	Carrots Or Side Salad	Green Beans Or Side Salad	Baked Beans Or Side salad
<b>Quick Picks</b>	<b>A daily selection of sandwiches, wraps, barms, and filled baked potatoes.</b>				
<b>Desserts</b>	Ice-cream Sponge Roll	Fresh Fruit Salad	Homemade Chocolate Orange Brownie	Peach Melba	Homemade Pineapple Upside Down Cake With Custard
<b>Drinks</b>	Glass of Juice	Glass of water	Glass of Milk	Glass of Water	Glass of Water

**Bread will be available with the Main Meals. We also offer a choice of yoghurts or fresh fruit as a dessert alternative**